



# October 2001

## In Remembrance

The tragic events of September 11 bear mentioning here although we certainly will not dwell on them.

May God be with those who are still suffering and grieving and may God take those who lost their lives into His loving arms for all eternity.

We have all been affected by the events of that tragic day. The world as we know it will never be the same but perhaps that is not all bad. Perhaps there needs to be some change in order for us all as a nation to heal. Let's just hope that our leaders who are in a position to make those changes and to bring the guilty parties to justice act wisely and make good decisions and productive changes that will cause the fear to lessen and the world to be a better place for all of our children and their children to grow up in.

### Inside This Issue

- 1. In Remembrance
- 1. Space Offered
- 1. Chili Lunch at Clay County
- 2. Hangar Sale a Success
- 2. Prop Wash
- 2. Contact Information
- 2. So Say the FAA
- 3. So Say the FAA (continued)
- 3. New Airport Brochure
- 3. Next FOESA Meeting

## Space Offered

Due to the restrictions on VFR flight within Class B airspace, there are a lot of aircraft trapped at airports that are under Class B airspace.

Excelsior Springs Memorial Airport DOES NOT fall under the new enhanced Class B airspace so they are offering temporary tie-down space free of charge for those who are able to get their aircraft out.

This tie-down space is limited so if this is something that would be of interest to you, please contact the airport at (816) 630-2369 to check availability of spaces as soon as possible.

We would be honored to have you and your aircraft as guests. The NOTAMS are changing quickly and often so PLEASE check the latest NOTAMS to make sure that you are abiding by the latest rules.

General Aviation needs to get back into the air! It will happen sooner if pilots show those making the rules that they are responsible and willing to follow the rules no matter how inconvenient they may seem.

So get out there and FLY safely and according to the latest restrictions!



## Chili Lunch at Clay County Regional

Our friends at Clay County Regional are under the new flight restrictions of enhanced Class B airspace. Even with all the inconvenience that this has caused, the Friends of Clay County are, of course, still active!

They are hosting a chili lunch at 12 noon on Saturday October 27. The cost of the lunch is a donation. The money goes toward various projects they sponsor such as funds to send kids to Oshkosh.

Let's get out there and support our friends at Clay County and attend this Chili Lunch fundraiser. According to Marty at Clay County, "It's the best chili I have ever had. And I have eaten a LOT of chili!" With a recommendation like that, why risk missing out on a really great lunch!



## Hangar Sale A Success!

For those of you who weren't there, the Hangar Sale and Breakfast was a wonderful success. A few hundred dollars were raised along with several people's spirits!

There are plans in the making for another sale before the season is out and winter sets in. We would like to see more participation from FOESA members this time. The date for the next sale has not been set yet but will probably be held some time in the beginning of November. Keep reading your newsletter for the latest!

Special thanks to Art Gentry for cooking the biscuits and gravy. They were really good too! More than one person was impressed! Thanks to all of those who helped sort and tag items and stick around to help out! When this groups gets together, there's no doubt that fun is ALWAYS a part of the activities.

There will be only one more chance for you to clean those closets and get that garage straightened out and donate to the sale. Stay tuned for information on how to donate or call Pam or Cindy for information. See the Contact Information for phone numbers and e-mail addresses.



**Have a safe  
and Happy  
Halloween!**



## Prop Wash

Ok, I may get hate mail for this one from my female friends but I thought it was funny! Enjoy this you guys out there.

### Differences Between Airplanes and Women

A woman takes her time.

Airplanes like to do it inverted!

Airplanes can be turned on by a flick of a switch.

An airplane does not get mad at you if you "touch and go."

An airplane does not object to a preflight inspection.

Airplanes come with manuals.

Airplanes have strict weight and balance limits.

You can fly an airplane any time of the month.

Airplanes don't have parents. (of course, this applies to you guys TOO!)

Airplanes don't whine unless something is REALLY wrong.

Airplanes don't care about how other planes you have flown.

Airplanes don't mind if you look at other airplanes or buy airplane magazines.

If your airplane is too loose, you can tighten it.

It's always OK to use tie-downs on your airplane.

## Contact Information

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## So Say The FAA

This is the first of our new feature article So Say The FAA. There are those in aviation who really don't like to see "The FAA Guy" coming but the truth of the matter is, the FAA is a wonderful source of information on safety and other happenings in the world of aviation.

A big THANKS to Walt Hutchings of the Kansas City FSDO for his effort in making this section of our newsletter possible.

This was an area that a lot of our readers have requested. If there is an issue you would like to see covered here, please let us know. We will do all we can to find accurate information on that issue.

## Over-The-Counter Medications

Whether medicine is prescribed by a doctor or is an over-the-counter medication that you have selected, as a pilot you must consider the effect it will have on your performance.

When you are given a prescription, your doctor explains the possible side effects of the medication you are about to take. Your pharmacist also outlines them when filling the prescription.

Over-the-counter medications (OTC's) are any legal, non-prescription substance taken for the relief of discomforting symptoms. This may include capsules, tablets, powders, or liquids.

When you are not feeling well, your best action is to ground yourself and wait until you are recovered before taking to the air again. There may be times, however, when you feel that you must fly and will be tempted to doctor yourself with OTC's. At these times it is good to remember that the OTC's only hide your symptoms for a while. They do not actually "cure" the condition, and you will not be at peak physical performance while you fly.

(Continued on Page 3)

There are two main areas of concern about unwanted reactions to medications.

#### POSSIBLE ALLERGY:

Allergy is a rare and unpredictable reaction to a substance. If you know that you are allergic to something, you should carefully read the list of ingredients of any OTC to assure that none of the substance is included in its formulation.

#### POSSIBLE UNEXPECTED SIDE EFFECTS:

These can take many forms, including drowsiness, impairment of judgment, upset stomach or bowels, disturbance of vision, or even itching. Any of these could cause an impairment that might lead to incapacitation while flying.

Decongestants and caffeine (contained in coffee, tea, cola, chocolate) are both strong stimulants in some individuals. Mixed together, they can make you "hyperactive". You should note that some cough syrups contain a decongestant and therefore could contain caffeine.

We are coming up on cold and flu season. Here are some simple rules to follow to help you fly safe.

- Read and follow label directions for use of medication.
- If the label warns of side effects, **DO NOT FLY** until *twice* the recommended dosing interval has passed. So, if the label says, "take every 4-6 hours," then wait at least 12 hours to fly.
- Remember, the condition you are treating may be as disqualifying as the medication.
- When in doubt, ask your physician or Aviation Medical Examiner for advice.
- As a pilot, you are responsible for your own personal "pre-flight". Be wary of any illness that requires medicine to make you feel better.
- If an illness is serious enough to require medication, it is also serious enough to prevent you from flying.

- Do not fly if you have a cold – changes in atmospheric pressures with changes in altitude could cause serious ear and sinus problems.
- Avoid mixing decongestants and caffeine.



## New Airport Brochure Completed

We now have a new brochure containing information about our airport. The brochure was completed in time for volunteers to hand them out from our booth at Waterfest.

If you would like a copy of this brochure, they are available at the airport and other places around town.

The most important reason that we designed the brochure was to be able to get word out about what is available right here in Excelsior Springs at our airport. It seems that some of the newest citizens to our community are sometimes unaware that we even HAVE an airport here.

Part of the information contained in the brochure is the fact that we have flight instruction available here. There are a lot of people out there who would love to fly but don't want to drive several miles for instruction. If there is anyone that you know of who would be interested in becoming a pilot, have them call the airport and talk to Ed Holloway. He will be able to give you all the information you need.

## Next FOESA Meeting

Friends of Excelsior Springs Airport have been busy lately! In September, we had a booth at Waterfest and held the first annual FOESA Hangar Sale and breakfast. Due to all the activity, there was no meeting in September even though there were numerous times that several members were together in one place.

We will be having our next meeting at 4:30 on Saturday, October 13. This will be a meeting and dinner at the same time. We will start our business meeting at 4:30 and then eat as close to 5:00 as possible. We ALWAYS have a good time at these get-togethers. If you are not there or if you have never attended one of these gatherings, you can't imagine what you are missing out on!

We will be extending a special invitation to the Friends of Clay County so let's all make an extra effort to be at this get-together and meeting to welcome them.

If you would like to bring a side dish or a dessert you are more than welcome to do so.

Those of us who are doing the planning for this get-together and meeting would appreciate it if you could let us know if you will be here. See the contact information on Page 2 for information on how to reach either Cindy or Pam. Please let us know as soon as you know that you will be attending.

